

WEEK 1

11:05	12:15 Meat or fish	12:15 Veggie	12:15 Spicy	12:15 Salad bar	13:50
Freshly sliced fruit	Fish & chips	Tofu & chips	Som tum (papaya salad)	Green leaves Cucumber Tomato Carrot Broccoli Var.Sauces	MONDAY Sorbet
Freshly sliced fruit	Homemade pizza	Homemade pizza	Dom Yum chicken	Green leaves Cucumber Tomato Carrot Corn Var.Sauces	TUESDAY Sorbet
Freshly sliced fruit	Chicken wiener schnitzel with veggies	Vegetarian schnitzel with veggies	Yellow curry	Green leaves Cucumber Tomato Carrot Bell pepper Var.Sauces	WEDNESDAY Sorbet
Freshly sliced fruit	Potato croquette roll with salad, homemade apple & nut coleslaw	Potato croquette roll with salad, homemade apple & nut coleslaw	Khao soi chicken	Green leaves Cucumber Tomato Carrot Corn Var.Sauces	THURSDAY Sorbet
Freshly sliced fruit	Teriyaki chicken & veggie skillet served with rice	Teriyaki tofu & veggie skillet served with rice	Red curry	Green leaves Cucumber Tomato Carrot Peas Var.Sauces	FRIDAY Popcorn

WEEK 2

11:05	12:15 Meat or fish	12:15 Veggie	12:15 Spicy	12:15 Salad bar	13:50
Freshly sliced fruit	Stir-fried rice noodles with soy sauce & pork	Stir-fried rice noodles with soy sauce & tofu		Green leaves Cucumber Tomato Carrot Peas Var.Sauces	MONDAY Sorbet
Freshly sliced fruit	Chicken soup served with rice	Vegetable soup served with rice		Green leaves Cucumber Tomato Carrot Broccoli Var.Sauces	TUESDAY Sorbet
Freshly sliced fruit	Khao Man Kai (chicken & rice) with a clear broth soup	Khao Man Jay (tofu & rice) with a clear vegetable broth		Green leaves Cucumber Tomato Carrot Corn Var.Sauces	WEDNESDAY Sorbet
Freshly sliced fruit	Chicken wiener schnitzel with veggies	Vegetarian schnitzel with veggies	Choo Chee fish	Green leaves Cucumber Tomato Carrot Long beans Var.Sauces	THURSDAY Sorbet
Freshly sliced fruit	Spaghetti bolognese chicken	Spaghetti marinara	Isaan pork salad (laab)	Green leaves Cucumber Tomato Carrot Corriander Var.Sauces	FRIDAY Popcorn

WEEK 3

11:05	12:15 Meat or fish	12:15 Veggie	12:15 Spicy	12:15 Salad bar	13:50
Freshly sliced fruit	Pasta pesto served with garlic bread	Pasta pesto served with garlic bread	Fried basil with minced pork	Green leaves Cucumber Tomato Carrot Corn Var.Sauces	MONDAY Sorbet
Freshly sliced fruit	Chicken steak with veggies	Veggie steak with veggies	Green curry	Green leaves Cucumber Tomato Carrot Peas Var.Sauces	TUESDAY Sorbet
Freshly sliced fruit	Chicken taco salad	Vegetarian taco salad	Som tum (papaya salad)	Green leaves Cucumber Tomato Carrot Broccoli Var.Sauces	WEDNESDAY Sorbet
Freshly sliced fruit	Mac & cheese	Mac & cheese	Crispy pork, Chinese cabbage & Jasmine rice	Green leaves Cucumber Tomato Carrot Peas Var.Sauces	THURSDAY Sorbet
Freshly sliced fruit	Tom Kha Gai (chicken in coconut soup)	Tom Kha Jay (vegetables in coconut soup)		Green leaves Cucumber Tomato Carrot Broccoli Var.Sauces	FRIDAY Popcorn